

Monday, August 2nd Monday, August 9th Monday, August 16th Monday, August 23rd Monday, August 30th 10:00 am EST

## Care Partner Academy – August The Journey of Dementia – 5 part series

It is estimated that over 110,000 Hoosiers are living with Alzheimer's disease while over 338,000 care partners provide unpaid care and support. If you are one of these individuals... you know the journey of Dementia is not an easy road to travel.

This **NO COST** 5-part series is led by Patty Piechocki, the Director of the Institute for Excellence in Memory Care (a Division of Alzheimer's and Dementia Services of Northern Indiana and REAL Services.) Patty is a Certified Therapeutic Recreational Therapist, and has worked in the Memory Support field for over 25 years, as a Care Partner, therapist, consultant, and professional trainer.

This series will include:

Session 1: Alzheimer's & Dementia 101

Session 2: Not Wandering... Think Exploring

Session 3: Activities at Home

Session 4: Sundown Syndrome

Session 5: Sleeping Well

## Registration is required.

RECORDINGS ARE AVAILABLE UPON REQUEST

No Professional CE units will be provided for this event

NOW Live/ Interactive Web based Education!

Connect through your computer or Telephone!



Call

(574) 318-4635 (secure line)

or

email: patty@alzni.org to register.



