

Breakout Sessions

Schedule Glance

Day 1 - Caregivers - Wednesday, November 6th, 2024

Time	Details	Room
10:10am	<p>Nuzzles and Snuggles: The Impact of Equine-Assisted Services on Social-Emotional Wellbeing of Older Adults w/ Dorota Janik, Ph.D. & Destiny Nugent, MSW, Reigns of Life</p> <p>The Nuzzles and Snuggles Program utilizes horses, ponies and donkeys in guided interactions with participants for physical, cognitive, mental and emotional benefits. It expanded on the Miniature Horse Visitation Program concept, and it was designed in response to the need for more one-on-one interactions with the equines of community members living in relative isolation. It targets organizations serving older adults, support groups and residential treatment facilities.</p>	8
	<p>The Thriving Caregiver: Innovative Approaches to Transform Dementia Care from the Inside Out w/ Lizette Cloete, OTR/L, CADDCT, CDP</p> <p>In "The Thriving Caregiver," we explore the life-altering power of innovative caregiving strategies that revolutionize a dementia care journey from chaos to calm. This presentation will guide caregivers to harness their most powerful but unknown caregiving tool: their own mind. Equipping them with the vital mindset shifts essential for fostering resilience, deepening connections, and enhancing the quality of life for both caregivers and their loved ones with dementia.</p>	5
11:20am	<p>The Confident Caregiver: Thriving While Taking Care of Your Aging Parent or Loved One w/ Wendy Taddeucci, Founder</p> <p>In this program, I distill my 12 years of care-deciding and, at times, care-giving experience with my mother into a focused session, providing a snapshot of my unique roadmap and proven strategies for supporting aging parents while prioritizing self-care. Participants will gain insights into key topics such as decision-making on care arrangements, financial considerations, self-care practices, and preparing for difficult conversations. This program is tailored to address specific needs and create an empowered environment for caregivers.</p>	9
	<p>The Role of Care Management and New Medicare/Government Spending Specific to Dementia and Alzheimer's w/ Dr. Mark Rothman, M.D, CMD</p> <p>With the adoption of a new nationwide model, Guiding an Improved Dementia Experience (GUIDE), the Centers for Medicare & Medicaid Innovation (CMMI) has made a commitment to support caregivers and address the enormous burden of dementia care management. The model encourages collaboration between primary care physicians, experts in dementia and geriatrics, and community-based organizations. How this will affect you as providers, caregivers, and those living with dementia, will be covered in this session.</p>	5
2:30pm	<p>Handling Legal Affairs Before and After Death w/ Connie Bauswell, Attorney at Law</p> <p>During this presentation, I will provide an introduction to powers of attorney (financial and healthcare) and why they are so important to do while an individual has mental capacity. I will discuss alternatives when a power of attorney cannot be done and the difference between a DNR, Living Will, and POST. I will also discuss basic probate/estate administration issues including probate, inheritance taxes (lack thereof), use of wills, trusts, and beneficiary designations. I will then end with discussing the plan the State of Indiana has for everyone if they don't have any estate planning in place.</p>	5
	<p>Alzheimer's and Other Dementias in the LGBTQ+ Community w/ Sadiya Abjani, Director of Training and Instructional Design, SAGE</p> <p>During this presentation, participants will focus on information that providers can use to make sure their services are welcoming to LGBTQ+ people with dementia. Support caregivers who identify as LGBTQ+ as these may be partners of people living with dementia, or they may be the adult children or friends of people with dementia. Look at some ways that providers can help advocate for LGBTQ+ people with dementia, including working in your local communities to help reach LGBTQ+ people and make sure you can connect them to affirming services.</p>	9

Breakout Sessions

Schedule Glance

Day 1 - Professionals - Wednesday, November 6th, 2024

Time	Details	Room
10:10am	<p>Innovative Design for Adult Day Facilities w/ Mike Wargo, Vice President, Hospice Foundation & Jeff Helman, President, Helman Sechrist Architects</p> <p>Milton Village is the first dementia daytime care facility in the U.S. that integrates immersion programming and comprehensive caregiver training into its continuum of care. Unique in concept and design, and based on the revolutionary care concept developed in the Netherlands, this innovative approach provides new methods of caring for those diagnosed with dementia and their caregivers. Learn how Milton Village was developed, funded and implemented.</p>	1
	<p>Playing Detective: Finding the Trigger for Behavioral Expressions in Dementia w/ Dr. Monica Ott, M.D., CMD</p> <p>Designed for professionals who must identify triggers for behavioral expressions in persons with dementia in order to reduce distress and improve functioning. Three cases will be utilized to discuss appropriate behavior for individuals with Lewy Body dementia, Frontotemporal dementia, and history of traumatic brain injury with schizoaffective disorder. Participants will evaluate challenging behaviors such as sexually inappropriate, physically aggressive, and verbally aggressive and propose individual care plans that prevent or reduce the frequency or severity of these behavioral expressions.</p>	3
11:20am	<p>Get Notified! Not Alarmed! w/ Dave Cherrone, Fire Marshall (retired)</p> <p>The last thing people think about when creating a memory care center is about their fire or evacuation emergency policies and procedures. I will explain how you can be notified of an emergency without alarming those in your care. Learn about the alternatives to those traditional bone rattling fire alarm system horns. Learn what you can do to reduce the invitation of elopement without creating a hazard. Moreover, of course, how to navigate the procedure(s) necessary to get approval from local and state authorities having jurisdiction when implementing these options. The end goal is to create a caring environment, not a scaring environment!</p>	3
	<p>Palliative Care: Specialized Care for Every Age at Every Stage of Serious Illness w/ Dr. Bunmi Okanlami, M.D</p> <p>Globally, at least 12 million adults (Hayes, Salzberg, McCarthy et al., 2016) and 400,000 children (Institute of Medicine, 2003) are living with serious illnesses such as cancer, heart disease or dementia and the numbers are expected to continue to increase (United States Census Bureau, 2018; Buttorff, Ruder, Bauman, 2017). Palliative care is one of the fastest growing fields, recognized as providing high quality while reducing cost of care (May, Normand, Cassel et al., 2018). US hospitals that reported having Palliative care programs have tripled in the past 16 years (CAPC.org, 2019) and yet most people with serious illnesses still do not have access to palliative care (The Commonwealth Fund, 2018).</p>	1
2:30pm	<p>Utilizing the Power of "Memory Mining" w/ Joe Hausch, PHOTAVIA, President/CEO & John Wright, CAPS, CSSP</p> <p>Participants will experience a selection of PHOTAVIA's award-winning, multi-media offerings, the "A Moment in Time" series, that leverages a single iconic photograph, aesthetically crafted into a cutting-edge engagement tool, that enhances care and support for individuals living with dementia and their families. This unique and easy-to-deliver approach fosters social connection, sharing of autobiographical memories and is particularly well-suited for cognitive stimulation, social engagement, and overall well-being.</p>	3
	<p>Rethinking Dining: Optimizing Outcomes for Individuals with Dementia w/ Jen Bruning MS, RDN, LDN & Dr. Jennifer Stelter Psy.D, CDP, CADDCT, DCS, DCSC</p> <p>Dining is a multi-sensory experience, one which those living with dementia may not be fully experiencing. Lower oral intakes at meal times may lead to a myriad of health complications and co-morbidities among those living with dementia. However, newly developed programming addressing the multi-sensory nature of eating and the dining environment may enhance mealtimes for those with dementia. This session will focus on nutrition issues specific to dementia, including nutrients and food components to support cognitive health, issues with dining for those with dementia and evidence-based sensory techniques for enhancing wellness at meal times.</p>	1

Breakout Sessions

Schedule Glance

Day 2 - Caregivers - Thursday, November 7th, 2024

Time	Details	Room
10:10am	<p>Keeping Love Alive Through Dementia...The Journey No One Wants To Take w/ Debbie Carriveau R.N, CDP, QMC</p> <p>This presentation is based on the stories, insights, and wisdom of the authors of "Keeping Love Alive as Memories Fade, The 5 Love Languages and the Alzheimer's Journey". This presentation will teach participants how to maintain emotional bonds with the dementia person. How to understand the connection between the brain and its influences on how we express love. Understanding the way each of us express and give love. Facilitating unity and reconnection during dementia. 40 ways to say "I love you" in middle and late-stage dementia, as well as dealing with delusions of unfaithfulness and family issues.</p>	5
	<p>True Burden of Loss: The "To-Do" Checklist When You Experience A Death w/ Sara Youngs, Director of Client Services, Milton Village</p> <p>Loss brings both emotional and practical challenges. People are not informed, so they are unprepared for the clerical to-do lists or the tasks that need to be done after a loved one dies. When faced with this, it can add to the mental load and the stress on top of grief. This program helps navigate through some of the burdens that we are clerically faced with and a reasonable checklist with resources to get us through the difficult tasks. Everything from "preparing for Loss," to "Month Three and Beyond," we will review clerical duties, financial duties, Advance Directive initiatives, and the Empathy App.</p>	9
11:20am	<p>Family Caregiver Programs: There Is So Much More That We Can Do w/ Tina McIntosh, Founder & President, Joy's House</p> <p>This session will include active discussion about the needs for family caregivers and what we can, and should, be doing to fill these gaps in our communities. A presentation about the services and programs that Joy's House has recently launched for family caregivers throughout the state of Indiana. Finally, realistic steps to bring solutions to our local communities.</p>	5
	<p>Reframing Our Thoughts Around Difficult Behavioral Expressions Associated with Dementia w/ Keri Morante, Director of Memory Care, Visiting Angels</p> <p>This program is designed to help caregivers apply the Cognitive Behavioral Education (CBE) model to the management of difficult behavioral expressions associated with dementia. During this program, we will facilitate a discussion about different behavioral expressions participants have experienced, and use the CBE to demonstrate how changing our own thoughts as caregivers can change interactions and outcomes. Participants will leave this program with an understanding of how to use the CBE to make improvements in their caregiving interactions.</p>	9
2:30pm	<p>What Caregivers Should Know About SHIP and SMP w/ Megan Rogers</p> <p>The Savvy caregiver will learn Medicare basics and helpful tips to ensure their loved ones have the best Medicare coverage to meet their needs. Medicare myths will be dispelled and the caregiver will be empowered with the information they need to manage their loved ones' health coverage and protect their loved ones from Medicare scams. Caregivers will also learn how to navigate systems like the Social Security Administration Office and Medicaid Programs.</p>	5
	<p>Caring for Caregivers: Barriers, Relationships, and Opportunities w/ Rev. Joseph J. Kotva Jr., PhD., Assistant Professor of Medicine IU School of Medicine South Bend & Dave Lassen, PhD, Adjunct Professor of Clinical Medicine, Indiana University School of Medicine</p> <p>Family caregivers for persons with dementia often report feeling isolated, stressed, and uncertain. Drawing on interviews with more than 100 caregivers in northern Indiana, this session will explore the relationships, information, and goals caregivers see as central to their efforts. These wide-ranging conversations illustrate several opportunities for communities to provide enhanced, tailored support for individuals learning together how to meet the challenges of dementia care.</p>	9

Breakout Sessions

Schedule Glance

Day 2 - Professionals - Thursday, November 7th, 2024

Time	Details	Room
10:10am	<p>Indiana's Dementia Strategic Plan Review w/ Shannon Effler MSW</p> <p>Indiana's Strategic Plan to Address Dementia was established during the 2021 legislative session through House Enrolled Act (HEA) 1177. Under Indiana Code (IC) 12-9.1-5, the Indiana Family and Social Services Administration (FSSA) Division of Aging (DA) is required to develop a Dementia Strategic Plan (DSP) to identify and significantly reduce the prevalence of dementia in Indiana. This presentation will provide an overview and progress made on the plan's objectives and solicit input from participants on next steps. This session is appropriate for both professionals and caregivers.</p>	1
	<p>Using Virtual Equine Augmented Reminiscence Approach to Stimulate Positive Memories and Social Interaction for Older Adults Who Have Dementias w/ Dr. JoAnn Burke Ph.D, LCSW, LMFT, BSN</p> <p>This workshop will review the use of reminiscence approaches to stimulate positive memories and social interaction. Demonstrate how evidenced-based reminiscence approaches and equine assisted learning is integrated into an innovative intervention that can be offered virtually in synchronous (live streaming) or in asynchronous (video) formats. The goal is to help persons with dementias reconnect with their lifestyle and improve the quality of their lives through sharing memories with a care partner or others. This intervention can be used in home care, senior centers, senior ministries, nursing homes and assisted living.</p>	3
11:20am	<p>A Surveyor's Perspective: Dementia Care in Long-Term Care Settings w/ Tammy Alley R.N. Deputy Director of Long-Term Care & Brenda Buroker R.N. Director of Long-Term Care</p> <p>In this session, we will discuss the Long-Term Care survey process, specifically focusing on Dementia Care Federal Regulations. Give an update on survey outcomes related to dementia care. Give an overview of concerns with Assisted Living Facilities who provide Dementia Care. Provide regulatory guidance to improve Dementia Care in Long-Term Care settings.</p>	1
	<p>Opening Minds Through Art (OMA): Supporting the Creativity of People Living with Dementia w/ Amy Elliott, Interim Director, OMA</p> <p>Scripps Gerontology Center's Opening Minds through Art (OMA) program is an intergenerational, visual art program designed to celebrate the creativity of people living with dementia. This presentation will provide the background and rationale as to why intergenerational art programs are essential to providing quality care. Research shows OMA improves the wellbeing and mood of older adults living with dementia, and volunteers show improved attitudes toward people living with dementia. The goal of this session is to showcase the creative capacity of people living with dementia and provide a new perspective on engaging art activities appropriate for this population.</p>	3
2:30pm	<p>More Than Just Memory Loss: Understanding Executive Function and Dementia w/ Jessie Hillock, M.A, CCC-SLP, CDP</p> <p>Dementia is more than just "memory loss", although, that is typically the first thought that comes to mind. Families are often left in the dark, navigating all of the day-to-day cognitive challenges without much direction. What were simple daily tasks such as using a cell phone, cooking, or daily hygiene can become very difficult. These changes are related to a decline in executive functioning skills in the brain. This presentation was designed to equip families with tools to navigate those brain changes that go hand-in-hand with dementia. The goal is to decrease the toll these changes take on both the individual living with dementia and the caregiver, and make the journey less overwhelming.</p>	1
	<p>Workforce Stress and Music Making for Wellness w/ Arlene de Silva, Founder and CEO Cincinnati Music and Wellness Coalition</p> <p>Workplace stress reached an all-time high in 2022, according to Gallup. Although 85% of executives surveyed by Harvard Business Review Analytic Services agree that it's important for organizations to make workforce mental health a priority, only 27% say their own organizations do.</p>	3

INNOVATIONS Schedule Glance TECHNOLOGY

Day 1 - Wednesday, November 6, 2024

8:15am

***Innovations in Seating:
The Best of HI-Tech
Matched with the
Warmth of HI-Touch!***

A Chair is more than a chair...when it becomes a tool in the hands of a care provider. Chairs have never been designed to address the challenges of an aging population. How does a senior living with any form of mobility limitation get seated at the table? Response, with great difficulty! Care providers feel more like "hired muscle" than giver-of-care simply because dining furniture technology dates back to 2900 BC.

Participants will experience a selection of PHOTAVIA's award-winning, multi-media offerings, the "A Moment in Time" series, that leverages a single iconic photograph, aesthetically crafted into a cutting-edge engagement tool, that enhances care and support for individuals living with dementia and their families. This unique and easy-to-deliver approach fosters social connection, sharing of autobiographical memories and is particularly well-suited for cognitive stimulation, social engagement, and overall well-being.

***Photavia
Utilizing the Power of
"Memory Mining"***

10:00am

11:10am

Zinnia

Zinnia is therapeutic TV for dementia care. We support people living with dementia and reduce caregiver stress through a platform of research backed videos intentionally built to be digestible by and engaging for people living with dementia. All caregivers use our tools to reduce agitation, ease activities of daily living and promote connection and joy. Zinnia is easily accessible on a subscription basis via apps for mobile devices and connected TV's.

We will discuss the implementation of wearable safety devices that aid in de-escalation, real-time monitoring, and emergency response, promoting a safer environment for both caregivers and patients based on how a Midwest health system's home health department boosted their staff's confidence in safety from 38% to an impressive 88% in just four months.

***Proactive Technology
Strategies for Workplace
Violence Prevention in
Dementia Care***

12:20pm

1:40pm

Digital Brite System

Presenting the Brite Board from Digital Brite System, a tool that amplifies the value of services offered by assisted living facilities. Through the brite board, users actively participate in therapeutic programs from occupational and sensory therapy to cognitive and physical therapy, by using applications designed to improve memory, help slow the progression of dementia, and improve cognitive agility promoting a more vibrant and active lifestyle.

INNOVATIONS

Schedule Glance

Expressive Arts

Day 2 - Thursday, November 7, 2024

8:15am

Art Therapy for the Mind and Soul

Find inspiration through the practice of art-making. Whether for the caregiver, loved-one, or individual living with dementia, art as therapy has many benefits. Come and learn about art to enhance memory, energize the brain and relieve stress. Art therapy is all about the process of art-making, not the product. Create an original piece of art to take with you to remind you of the journey.

Scripps Gerontology Center's OMA program is an intergenerational, visual art program designed to celebrate the creativity of people living with dementia. OMA uses person-centered principles and failure-free art projects to ensure success of participants. People living with dementia are paired with volunteers, who are trained to rely on imagination and remaining strengths. Research shows OMA improves the wellbeing and mood of older adults living with dementia and volunteers show improved attitudes toward people living with dementia.

Opening Minds Through Art (OMA): Create and Connect

10:00am

11:10am

Dramatic Drumming: A Collective Process

We will examine strategies to help reduce stress, anxiety, depression, tension, and isolation for individuals living with dementia and their caregivers. Through rhythmic drumming and drama therapy interventions, this demonstration will highlight the importance of emotional regulation, prosocial behavior, community building, and cognitive functioning skills while navigating dementia. Through creativity and play, this demonstration aims to spark discussion on the importance of Creative Arts Therapies in the Gerontology field.

ScrippsAVID (Arts-based, Virtual, Intergenerational, and Discovery) connects older and younger adults to share art, music, poetry, and stories via video chat. ScrippsAVID connects ALL people across generations. Everyone is welcome to come together to have fun, be creative, and build intergenerational friendships.

ScrippsAVID

12:20pm