

Family Caregiver Programs: There Is So Much More That We Can Do





- From Indiana, Tina McIntosh founded Joy's House, an adult day service, in 1999 at the age of 27.
- Focused on development, community relations, and much-needed innovation for caregiver support and education programs in the state of Indiana.
- Tina's first published book is available now, titled *embrace the imbalance: things you need to know from people I wish you knew*. This book is made up of lessons learned throughout her life.
- Over the years, Tina has participated in numerous not-for-profit boards and within her church families. She fully believes in uplifting others and the power of community.
- Tina has been honored with numerous awards. A few worthy of mention include being named as the Indiana honoree for *USA TODAY's Women of the Year*, *Ball State University's Graduate of the Last Decade*, *IBJ's Forty Under 40* and Joy's House named by NADSA as one of *The Most Outstanding Adult Day Services in the Nation*.



Joy's House
joyshouse.org





At least 53 million people are family caregivers in the United States - and many face challenges due to lack of support, training, and opportunities for rest. Family caregivers include spouses, parents, siblings, adult and minor children, grandparents, and other relatives. Family caregivers reflect the diversity of America's communities, and people can assume family caregiving responsibilities at any stage of life.

Without adequate resources, family caregiving can affect caregivers' own physical and emotional health and well-being and contribute to financial strain. These negative consequences are felt most acutely by women, who make up nearly two-thirds of family caregivers and drop out of the workforce at a rate three times higher than men.

April 18, 2023
Executive Order on Increasing Access to High-Quality Care and Supporting Caregivers
The White House

The issue



- **The coming shift** By 2030, it is anticipated that there will be more adults over the age of 65 than there will be children under the age of 18 in our nation (Census Bureau projection)



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- **The impacts of caregiving on employment for working caregivers** 61% of family caregivers work either full or part time. Working caregivers face financial risks such as lost income, reduced career opportunities and savings, and subsequently lower Social Security and retirement benefits. (March 8, 2023 AARP)
- **The economic value of caregiving** Across the United States, an estimated 38 million people, about 11.5% of the population, are taking care of loved ones in 2023. That care will total nearly 36 billion hours with a value of nearly \$600 billion. (Mar 8, 2023 AARP)

What do family caregivers need?



What programs or services have you offered for family caregivers in 2024?



If money and other resources were not issues, what would you create?







Adult Day Services



**Broad
Ripple**



UIndy



Caregiver Support Services



Caregiver Support Services



CARE Kits



“This kit helped me to get organized at a time when I was really struggling. It also encouraged me to think ahead – to things that I had no clue would take place in my household, with my husband or with me.”

CARE Kit recipient



Caregiver Support Services



end-of-life
Doula

CARE Kits



end-of-life

Doula

a service of Joy's House

living with purpose

dying with peace



Caregiver Support Services



end-of-life
Doula

**CAREGIVER
CROSSING**
a Joy's House
radio program

CARE Kits

CAREGIVER CROSSING

a Joy's House
radio program



Sundays at 10:00am



Sundays at 8:00am



Caregiver Support Services



end-of-life
Doula



a Joy's House
radio program





Integrated Health Care Coordination



Helping to do what has to be done so that you can focus on the most important things...each other

- Prescriptions ordered
- Medical appointments arranged
- Transportation connections
- Chronic disease management
- Education and connection to resources
- Family caregiver guidance
- Introduction to community support systems





Caregiver Support Services



end-of-life
Doula

**CAREGIVER
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a Joy's House
radio program

IHCC





Overview

Caregiver Way is an online community where family caregivers gather to become empowered through education, resources... and each other.



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CAREGIVER WAY COMMUNITIES



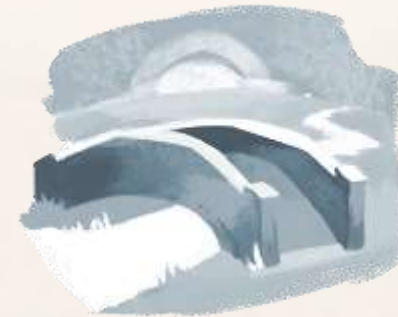
SELF-CARE



CARING FOR YOUR
LOVED ONE



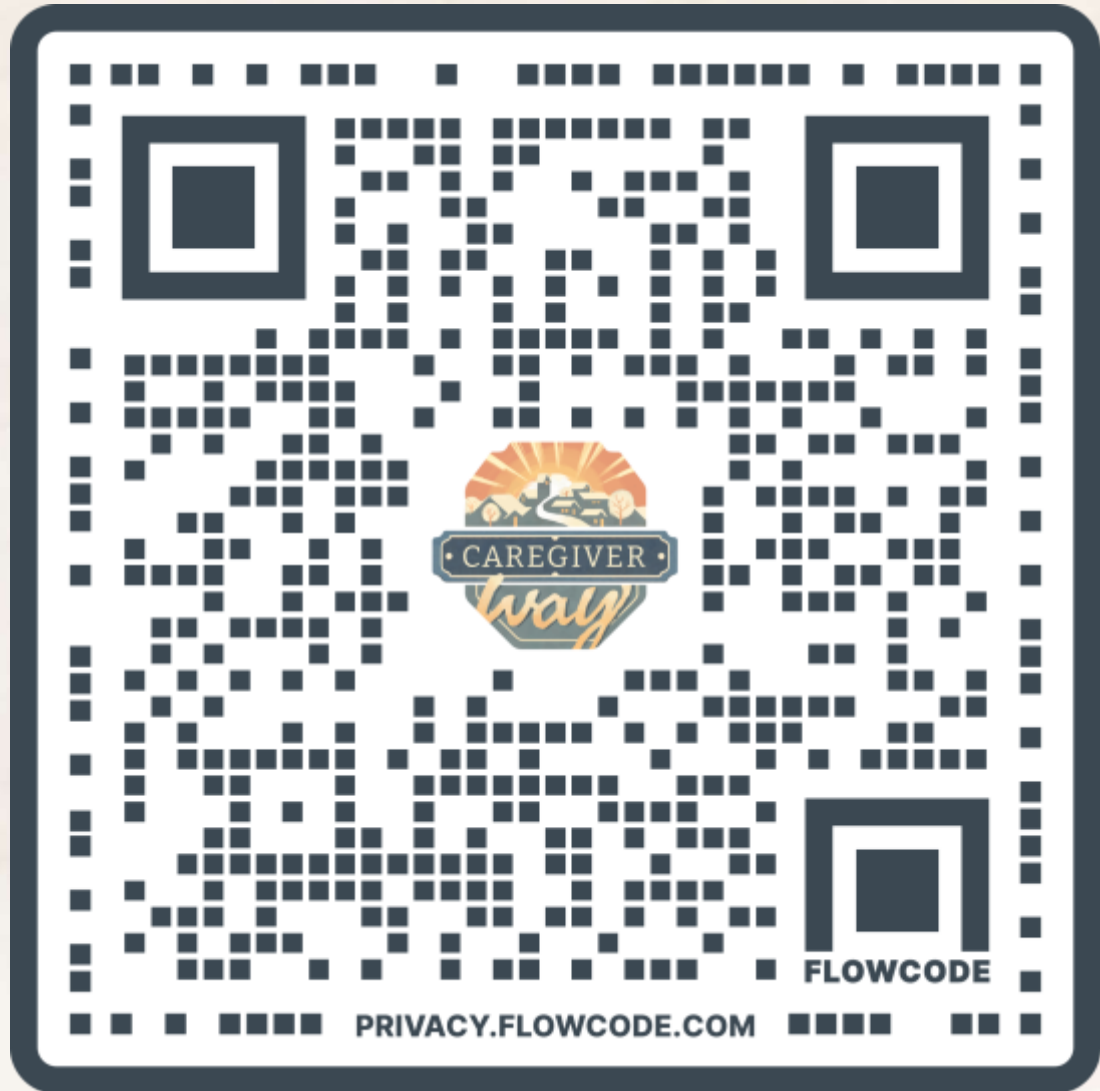
FINANCIAL
& LEGAL



END-OF-LIFE



LIFE AFTER
CAREGIVING



Coupon Code:
CWxNOVEMBER

1 Month free – Redeem soon



317-254-0828
joyshouse.org

317-691-5247
Tina McIntosh

